



BE KIND - BÍ CINEÁLTA

St. Brendan's Pupil Anti-Bullying Code Learning for All, Respect for All

St. Brendan's Code

Our school is a place where....

We feel welcome

We feel safe

We help each other

We are inclusive of others

We can learn and achieve our goals

We respect ourselves and others

Teachers, pupils, parents and
guardians work together

What is Bullying?

Leaving someone out

Calling someone names

Making fun of someone

Putting someone down

Spreading harmful stories about
someone

Threatening someone

Persuading others to bully someone

Pushing, shoving or tripping someone

Ignoring someone

Punching/Kicking

Taking, hiding or damaging
someone's things

Following or stalking someone

Bullying is not....

A once off fight or incident with
another child or 'play fighting' as
part of a game. But if this
behaviour is repeated it does
become bullying.

What do I do?

Report it

Talk to trusted friend and ask them for help

Stay calm

Don't fight with the bully

Don't show emotions like fear, anger and being
upset

Show confidence - use positive body language

Tell, tell, tell

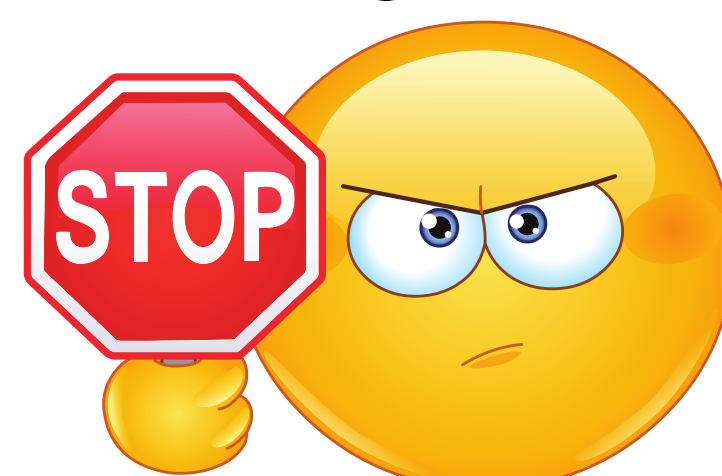
What should I do if I'm being bullied?

Start

Telling

Other

People



What is Cyber Bullying?

This is bullying behaviour carried out online through texts, direct/instant messages, social media platforms, e-mail, apps, digital gaming sites, gaming consoles, chatrooms and other online technologies.



Am I bullying?

Have I hurt anyone else on purpose?

Did I ever tell stories that I heard without knowing if they were true?

Have I ever seen anyone else being bullied and done nothing?

Have I ever said "I was only messing" when I wasn't?

Have I posted mean comments online?

Have I shouted and sworn at anyone or made fun of them with my friends online?



**St. Brendan's is a
telling school.
We will always treat
bullying seriously.**

Anti-Bullying Pledge

I make a commitment
to make a stand against bullying
I will treat others with
Respect and Kindness
I will have the compassion
not to be a bully
and the courage
not to be a bystander
it is my responsibility
to help others being bullied
and to report bullying



I accept the school policy and will not bully. I will tell an adult if I am being bullied. I will tell an adult if I am aware of someone else being bullied. I understand that my parents/guardians will be informed if I may be in breach of the school policies.

Pupil: _____

Parent/Guardian: _____

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